

THE COMMUNITY ACUPUNCTURE PROJECT OF COLUMBIA  
CITY

**Detox Policy**

In our efforts to support the health and well being of all members of our community, we have decided to extend our 'Detox Special', which allows those clients withdrawing from nicotine, alcohol, pharmaceuticals and recreational drugs to receive acupuncture treatment up to 6 days per week for a flat weekly fee of \$30 - \$60 sliding scale.

You decide how much you can afford to pay according to your income. For a guide to paying on a sliding scale, please refer to the '[sliding scale guidelines](#)' document on our website. Payment is made for the week in full at the first appointment and is due the following week on the same day for continued care. For instance, if your treatment begins on Thursday, all further payments will be owed on Thursdays.

Please note that we have a strict 24 hour cancellation policy which we will enforce if you do not cancel your appointment in enough time for us to fill your slot. The cancellation fee for less than 24 hour notice is \$15.00 per appointment.

Scheduling

If you wish to take advantage of our Detox Special to help support you through various stages of withdrawal, you will need to bring this signed form with you to your first appointment along with completed registration paperwork (you can find all this on our website, or at the clinic.) By signing this form, you will be agreeing to our 24 hour cancellation policy.

You decide on the frequency of your visits to our clinic according to your schedule. We recommend that you get treatment as often as possible during the first few weeks of withdrawal. You will schedule your appointments online, either for the week or individually after each visit. Please note that our clinic does not have the capability to accept drop-ins.

The treatment

You will be given an initial intake of around 20 minutes during which we will discuss and assess your particular health issues and develop a treatment plan. You will then be taken to the treatment room where you will be treated alongside other people. Acupuncture for chemical dependency (Acudetox) usually includes the use of ear acupuncture. This has been found to be effective in reducing cravings and speeding up the process of detoxifying and rebalancing the body's organs. It is very likely that you will receive this therapy alongside regular acupuncture points to address your specific imbalances. On subsequent visits, we will not be giving you a consultation unless there are major changes or concerns you want us to address. You will go directly to the treatment room for your needles. We will check in with you every couple of weeks, or according to what has been decided in your initial treatment plan, to assess your progress. Please remember that the concept of community acupuncture depends on everyone's commitment to be quiet and respectful of each other's personal space. Remember...at the initial stages of withdrawal, acupuncture is much more effective the more frequently you receive it.

**I AGREE TO ABIDE BY THE CANCELLATION POLICY AT THE COMMUNITY ACUPUNCTURE PROJECT OF COLUMBIA CITY AND AM AWARE THAT I NEED TO GIVE AT LEAST 24 HOURS NOTICE IF I NEED TO CANCEL MY APPOINTMENT OTHERWISE I WILL BE CHARGED \$15 PER MISSED APPOINTMENT**

Signed-----Date-----/-----/-----

The community acupuncture project of Columbia City -  
Affordable Healthcare for all